| Ì | POLICY: 200.06 BEHAVIORAL EMERGENCY | | | | |
|---|-------------------------------------|--|--------------|-----------------------------------|--|
| NORRIS | APPROVAL: | VICE PRESIDENT OF PROFESSIONAL SERVICES; MANAGER OF EMS; | | | |
| HOSPITAL HEALTHCARE CENTERS | EFFECTIVE DATE: 2/15/2024 | | | ORIGINAL EFFECTIVE DATE: 08/16 | |
| People You Know. Extraordinary Care. | DEPART | MENT SPECIFIC | EMERGENCY MI | EDICAL SERVICES | |

I. **Purpose:**

V HEA

To set guidelines for the care of a patient with impaired judgment or a behavioral emergency in which the patient exhibits erratic, bizarre or inappropriate behavior.

II. **Procedure:**

A. UNCOOPERATIVE IMPAIRED PATIENT/BEHAVIORAL EMERGENCY

1. Scene Safety: Assess competency and potential danger to yourself or others by observation, direct exam, and reports from bystanders including:

| | Poter | tial Danger | |
|---------|-------------------------------|-------------|---|
| | To Patient | - - | Γο Others |
| Suicide | Inability to care for self | Homicide | Physical Abuse (e.g. child/spouse abuse) |

- 2. Identify yourself and attempt to gain the patient's confidence in a non-threatening manner.
- **3.** Contact Medical Control, police, and/or fire department backup as appropriate.
- 4. Consider and attempt to evaluate for possible causes of behavioral problems. Initiate treatment as situation allows. Examples include:
 - a. Hypoxia
 - **b.** Hypotension
 - c. Hypoglycemia
 - **d.** Trauma (i.e. head injury)
 - e. Alcohol/drug intoxication or reaction
 - f. Stroke
 - g. Post-ictal states/seizures
 - **h.** Electrolyte imbalance
 - i. Infection
 - **j.** Dementia (i.e. acute or chronic organic brain syndrome)
 - **k.** Psychiatric illnesses
 - depression (suicidal)
 - severe anxiety 0
 - psychotic episodes/hallucinations 0
 - homicidal (i.e. harm to self or others) 0
- 5. If the patient is judged to be either:

a. suicidal, or

- **b.** clearly incompetent and dangerous to self or others, pre-hospital providers should carry out treatment and transport in the interest of the patient's welfare, employing the following guidelines:
 - **i.** At all times pre-hospital providers should avoid placing themselves in danger; at times this may mean a delay in the initiation of treatment until the personal safety of the provider is assured.
 - **ii.** Try to obtain cooperation through conventional means.
 - **iii.** If the patient resists, reasonable force may be used to restrain the patient from doing further harm to self or others. (see Policy <u>300.17 Use of Restraints</u>)
 - **iv.** Police shall be notified prior to all involuntary removals, excluding institutionalized patients.
- 6. In an uncooperative patient, the requirement to initiate assessment and full advanced life support (ALS) service may be waived if doing so may endanger the patient or prehospital provider. Document clearly the reasons ALS care was aborted.
- 7. All patients with a psychiatric history who do not have a petition completed by a licensed clinical social worker or other appropriate mental healthcare provider must be medically evaluated by an emergency department licensed independent provider (physician, physician assistant, advanced practice nurse).
- **8.** Patients requiring restraints for transfer should have appropriate documentation regarding the use of restraints noted in the Patient Care Report.

Approval:

James Kirchner Date Vice President of Professional Services

Kathleen Geiger MSN, RN Date Manager of EMS & Emergency Management