

HEALTHY HAPPENS HERE

Ask about a FREE 30-Day Membership to the YMCA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



ASK YOUR PHYSICIAN TODAY FOR A REFERRAL TO THE YMCA

Because we know that healthy lifestyles are best achieved by nurturing our mind, body, and spirit, the YMCA and Morris Hospital and Healthcare Centers are teaming up to improve the health and wellness of area residents by offering a Prescription for Fitness program. Through this innovative initiative, patients will receive a FREE 30-day membership to the Morris Community YMCA when they are referred by a Morris Hospital provider.

REQUEST ACCESS FOR YOUR FREE 30-DAY MEMBERSHIP TODAY!

Your membership includes a free fitness orientation. At the conclusion of your FREE 30 days, we will also waive your joiner's fee (a savings of up to \$120), if you have visited the Y at least four times during for your first 30 days.

To learn more once you have received the referral, contact the Morris Community YMCA at (815) 513-8080, email us at morriswellness@jolietyymca.org, or visit our location at 320 Wauponsee Street in downtown Morris.

MORRIS COMMUNITY YMCA

320 Wauponsee Street

Morris, IL 60450

(815) 513-8080

www.jolietyymca.org



MORRIS
HOSPITAL

In partnership with
& HEALTHCARE CENTERS