



Morris Hospital & Healthcare Centers
Implementation Strategy
2023 - 2025

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Introduction

Morris Hospital is a nonprofit health care facility with 89 licensed beds located southwest of Chicago in Morris, Illinois. It has been serving the residents of five area counties since 1906. Morris provides a full range of inpatient and outpatient care at 28 locations in 12 communities.

Morris conducted a Community Health Needs Assessment (CHNA) in 2022, which was adopted in November 2022. The CHNA complied with state and federal regulations guiding tax-exempt hospitals, assessing the significant health needs for the hospital's service area. The CHNA and Implementation Strategy help guide the hospital's community health improvement programs and community benefit activities, as well as its collaborative efforts with organizations that share a mission to improve health.

Purpose

The Patient Protection and Affordable Care Act through IRS section 501(r)(3) regulations directs nonprofit hospitals to conduct a CHNA every three years and develop a three-year Implementation Strategy that responds to identified community needs. This Implementation Strategy details how Morris Hospital plans to address the significant health needs identified in the 2022 CHNA. The hospital will build on previous CHNA efforts and existing initiatives, while also considering new strategies and efforts to improve health.

Report Adoption, Availability and Comments

This Implementation Strategy was adopted by the Board of Directors in November 2022. The CHNA and Implementation Strategy are available on the hospital's website at <https://www.morrishospital.org/about-us/community-health-needs-assessment/>. Public comment on the CHNA and Implementation Strategy is encouraged as community input is used to inform and influence this work. Written comments or questions on this report can be submitted through the Contact Us feature at www.morrishospital.org/contact/.

Definition of the Community Served

Morris Hospital is located at 150 W. High Street, Morris, Illinois, 60450. The service area encompasses 5 counties, and includes 20 ZIP Codes, representing 23 cities.

The hospital service area is presented was determined from the ZIP Codes that reflect a majority of patient admissions from the local geographic area.

Morris Hospital Service Area

City	Zip Code	County
Braceville	60407	Grundy
Braidwood	60408	Will
Carbon Hill	60416	Grundy
Channahon	60410	Grundy/Will
Coal City	60416	Grundy
Diamond	60416	Grundy
Dwight	60420	Grundy/Livingston
East Brooklyn	60474	Grundy
Gardner	60424	Grundy
Kinsman	60437	Grundy
Marseilles	61341	LaSalle
Mazon	60444	Grundy
Minooka	60447	Grundy/Kendall/Will
Morris	60450	Grundy
Newark	60541	Kendall
Ottawa	61350	LaSalle
Ransom	60470	LaSalle
Seneca	61360	Grundy/LaSalle
Shorewood	60404	Will
South Wilmington	60474	Grundy
Verona	60479	Grundy
Wilmington	60481	Will
Yorkville	60560	Kendall

Community Assessment

The 2022 CHNA process included collection and analysis of data sources for the hospital service area. Secondary data were collected from local, county, and state sources to present community demographics, social determinants of health, access to health care, birth indicators, leading causes of death, COVID-19, acute and chronic disease, health behaviors, mental health, substance use and preventive practices. Where available, these data are presented in the context of Illinois, framing the scope of an issue as it relates to the state. Secondary data for the service area were collected and documented in data tables with narrative explanation. In addition, Morris conducted interviews with key community stakeholders to obtain input on

health needs, barriers to care and resources available to address the identified health needs. The collected data were used to identify significant community needs.

Significant Community Health Needs

The significant health needs identified in the 2022 CHNA are listed below in priority order. These identified significant health needs were analyzed by the hospital, and then prioritized with community input through interviews with representatives from community-based organizations.

1. Mental health
2. Substance use
3. Chronic disease
4. Overweight and obesity
5. Access to health care
6. Preventive practices
7. Birth indicators
8. COVID-19

Prioritized Health Needs the Hospital Will Address

Once the CHNA was completed, an internal group of hospital leaders met to discuss the significant health needs. The following criteria were used to determine the significant health needs the hospital will address in the Implementation Strategy:

Existing Infrastructure: There are programs, systems, staff and support resources in place to address the issue.

Established Relationships: There are established relationships with community partners to address the issue.

Ongoing Investment: Existing resources are committed to the issue. Staff time and financial resources for this issue are counted as part of our community benefit effort.

Focus Area: The hospital has acknowledged competencies and expertise to address the issue and the issue fits with the organizational mission.

The CHNA served as the resource document for the review of health needs as it provided data on the scope and severity of issues and included community input on the health needs. The community prioritization of needs was also taken into consideration. As a result of the review of needs and application of the above criteria, Morris will address the following needs:

- Access to health care (including mental health)
- Chronic diseases (including overweight and obesity)
- Health behaviors and prevention

Strategies to Address Prioritized Health Needs

For each health need the hospital plans to address, the Implementation Strategy describes the following: actions the hospital intends to take, including programs and resources it plans to commit, anticipated impacts of these actions, and planned collaboration between the hospital and other organizations.

Health Need: Access to Health Care (Includes Mental Health)	
Goal	<ul style="list-style-type: none"> • Increase access to health care and mental health care services in the community.
Anticipated Impact	<ul style="list-style-type: none"> • Reduce barriers to care. • Increase the availability of primary care services in community settings. • Increase access to mental health care resources.
Strategy or Program	Summary Description
Financial assistance	Provide financial assistance through free and discounted care and government health programs for low-income patients, consistent with the hospital’s financial assistance policy.
Transportation	Provide transportation services to help community members access health care services, routine appointments, and diagnostic tests.
Insurance enrollment	Help seniors with insurance assistance through the Senior Health Insurance Program.
Will-Grundy Medical Clinic	Health care providers from Morris donate time at the free clinic. Morris provides financial and in-kind support for the clinic.
Primary care network	Increase access to primary care services through investments in immediate/urgent care facilities and recruitment of primary care physicians.
Integrated Behavioral Health Care	Available at eight primary care locations, Integrated Behavioral Health Care is structured from the Collaborative Care model developed at the University of Washington. This model establishes three team members for the patient’s behavioral health care: a primary care provider, a behavioral health care coordinator, and a consulting psychiatrist. The team provides behavioral health treatment for patients of all ages in the primary care setting, addressing mental health concerns.
Community support	Provide donations and in-kind support to nonprofit community organizations that address access to health care and mental health services.
Planned Partnerships and Collaborators	<ul style="list-style-type: none"> • Behavioral Health Alliance of Grundy County • Community Health Partnership of Illinois • Grundy County Health Department • Grundy Transit System (GTS) • Kendall-Grundy Community Action • Livingston Family Care Center

**Health Need: Access to Health Care
(Includes Mental Health)**

- Morris City Bus
 - Morris Hospital Foundation
 - Ottawa City Bus
 - Pathway of Hope
 - Salvation Army
 - Veteran’s Association
 - We Care
 - Will County Health Department Community Health Center
 - Will-Grundy Medical Clinic
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Health Need: Chronic Disease (Including Overweight and Obesity)	
Goals	<ul style="list-style-type: none"> • Reduce the impact of chronic diseases on health. • Increase the focus on chronic disease prevention and treatment.
Anticipated Impact	<ul style="list-style-type: none"> • Improve screening, prevention, and treatment of chronic diseases. • Increase healthy eating and active living.
Strategy or Program	Summary Description
CPR and first aid	Provide AHA Heartsaver CPR classes and classes on AED use and first aid.
Health education	Provide health education sessions, information and resources on chronic disease prevention, self-management and treatment.
Support groups	Facilitate support groups for persons with chronic diseases, their families and caregivers.
Prescription for Fitness program	Partner with the YMCA to provide 30-day free trial memberships to increase physical activity.
Exercise classes	Offer Peddling for Parkinson’s bike exercise class and LIFT Fitness Class (Low Intensity Functional Training) for cancer patients to increase mobility and movement.
Heart screenings	Offer ECG screenings for high school students to identify undiagnosed heart conditions.
Community support	Provide donations and in-kind support to nonprofit community organizations dedicated to addressing chronic diseases and overweight and obesity.
Planned Partnerships and Collaborators	<ul style="list-style-type: none"> • Channahon Park District • Community Nutrition Network (for seniors) • Grundy Area PADS • Grundy County Health Department • Northern Illinois Food Bank • St. Vincent’s Table meals • We Care Food Pantry • YMCA

Health Need: Health Behaviors and Prevention

Goal	<ul style="list-style-type: none"> • Increase access to services and resources to improve the health and welfare of community residents.
Anticipated Impact	<ul style="list-style-type: none"> • Increase access to health care and supportive services and reduce barriers to care. • Increase the availability of support services in community settings through collaboration with community partners.
Strategy or Program	Summary Description
Safety and first aid	Present a 6-hour American Red Cross course offered to children, 11 years and older, to develop babysitting skills that include leadership, basic care, safety and first aid.
Senior safety	At-risk seniors receive in-home monitoring systems and at-home medication dispensers to improve safety.
Health fairs and screenings	Participate in health fairs in service area communities. Provide screenings for blood pressure, fasting blood sugar and body fat analysis.
Education and outreach	Provide presentations and outreach to promote good health and healthy lifestyles.
Senior Fit	Offer a balanced fitness program for seniors that includes cardio/respiratory, muscle endurance and flexibility training.
Sports physicals	Provide sports physicals for teens at local schools.
Social services	Provide support, information and referrals on advance directives, caregiver options, substance use information, and counseling options.
Community support	Provide donations and in-kind support to nonprofit community organizations dedicated to addressing preventive practices and the health and welfare of the community.
Planned Partnerships and Collaborators	<ul style="list-style-type: none"> • Aunt Martha’s Youth Service Center and Health Center • Foundation for Meningitis – Beth Ann Miller Foundation • Grundy County Health Department • Morris Hospital Foundation • Vaccines for Children • Will County Health Department Community Health • Will-Grundy Medical Clinic • YMCA

Evaluation of Impact

Morris is committed to monitoring and evaluating key initiatives to assess the programs and activities outlined in this Implementation Strategy. We have implemented a system for the collection and documentation of tracking measures, such as the number of people reached/served, and collaborative efforts to address health needs. An evaluation of the impact of the hospital's actions to address these significant health needs will be reported in the next scheduled CHNA.

Health Needs the Hospital Will Not Address

Since Morris Hospital cannot directly address all the health needs present in the community, we will concentrate on those health needs that we can most effectively address given our areas of focus and expertise. Taking existing hospital and community resources into consideration, Morris will not directly address the remaining health needs identified in the CHNA, including birth indicators, COVID-19, and substance use.