

2017- 2019

Morris Hospital & Healthcare Centers



Implementation
Strategy

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Implementation Strategy

Introduction

Morris Hospital & Healthcare Centers is an 89-bed not-for-profit hospital located in Morris, Illinois. It is located 55 miles southwest of Chicago and serves the residents of Grundy County and parts of Will, LaSalle, Livingston, and Kendall counties. Morris Hospital & Healthcare Centers is known for its compassionate and personalized approach to healthcare. The mission and vision of Morris Hospital are to improve the health of area residents by transforming health care to support healthier living.

In 2016, Morris Hospital conducted a Community Health Needs Assessment (CHNA) to assess the significant health needs for the hospital service area. The CHNA and the resulting Implementation Strategy identify and address significant community health needs and help guide the hospital's community health improvement programs and community benefit activities, as well as its collaborative efforts with other organizations that share a mission to improve health. This Implementation Strategy explains how Morris Hospital plans to address the significant health needs identified by the CHNA.

2016 Community Health Needs Assessment Summary

Morris Hospital conducted a CHNA to comply with federal regulations guiding tax exempt hospitals. The CHNA was conducted in partnership with the Grundy County Health Department. The CHNA is posted on the hospital website and can be accessed at www.morrishospital.org/about-us/community-health-needs-assessment/. Public comment on the CHNA is encouraged and comments are used to inform this work.

The Community Health Needs Assessment incorporated demographic and health data for the communities served by the hospital. Significant health needs were identified from primary and secondary data sources gathered for the CHNA. Health indicators were considered significant health needs when they exceeded benchmark data, specifically county or state rates or Healthy People 2020 objectives. The following significant health needs were identified:

- Access to health care
- Asthma/lung disease
- Cancer
- Cardiovascular disease
- Diabetes
- Mental health
- Overweight/obesity
- Preventive practices (screenings, vaccines)
- Substance abuse (alcohol, drugs, tobacco)

Definition of the Community Service Area

Morris Hospital is located at 150 W. High Street, Morris, Illinois, 60450. The service area encompasses five counties, and includes 19 zip codes, representing 22 cities. The Morris Hospital service area is presented below by city, zip code and county.

Morris Hospital Service Area

City	Zip Code	County
Braceville	60407	Grundy
Braidwood	60408	Will
Channahon	60410	Grundy/Will
Coal City	60416	Grundy
Carbon Hill	60416	Grundy
Diamond	60416	Grundy
Dwight	60420	Grundy/Livingston
Gardner	60424	Grundy
Kinsman	60437	Grundy
Marseilles	61341	LaSalle
Mazon	60444	Grundy
Minooka	60447	Grundy/Kendall/Will
Morris	60450	Grundy
Newark	60541	Kendall
Ottawa	61350	LaSalle
Ransom	60470	LaSalle
Seneca	61360	Grundy/LaSalle
South Wilmington	60474	Grundy
East Brooklyn	60474	Grundy
Verona	60479	Grundy
Wilmington	60481	Will
Yorkville	60560	Kendall

The population of the Morris Hospital service area is 112,742. Children and youth, ages 0-19, make up 29.5% of the population; 58.6% are adults, ages 20-64; and 11.9% of the population are seniors, ages 65 and over. In the service area, 88% of the population is White and 7.8% are Hispanic/Latino; 2% are African American; and 2.2% are persons who are other races/ethnicities. English is spoken in the home among 93% of the service area population. Spanish is spoken at home among 4.5% of the population.

In the service area, 8.5% of the population is at or below 100% of the federal poverty level (FPL). Over one-quarter (28.2%) of the population in the service area is considered low-income, living at or below 200% of FPL. There are 40,940 households in the Morris Hospital service area. The median household income for the service area is \$58,638. Among adults, ages 25 and older, 8.2% of area adults lack a high school diploma, 35.2% of service area adults are high school graduates and 29.3% are college graduates.

Significant Health Needs the Hospital Will Address

This Implementation Strategy provides details on how Morris Hospital plans to address the significant health needs identified in the 2016 CHNA. The hospital plans to build on previous CHNA efforts and existing initiatives to improve health. The following criteria were used by the hospital's leadership team to determine the significant health needs Morris Hospital will address in the Implementation Strategy:

- **Organizational Capacity:** There is capacity to address the issue.
- **Existing Infrastructure:** There are programs, systems, staff and support resources in place to address the issue.
- **Ongoing Investment:** Existing resources are committed to the issue. Staff time and financial resources for this issue are counted as part of our community benefit effort.
- **Focus Area:** Has acknowledged competencies and expertise to address the issue and the issue fits with the organizational mission.

As a result of the review of needs and application of the above criteria, Morris Hospital will address: access to care; chronic diseases; overweight and obesity; health behaviors and prevention through a commitment of community benefit programs and charitable resources. Morris Hospital will also focus resources to increase access to care for mental health and substance abuse needs. For each health need the hospital plans to address, the Implementation Strategy describes: actions the hospital intends to take, including programs and resources it plans to commit; anticipated impacts of these actions; and planned collaboration between the hospital and other organizations.

Access to Care

Morris Hospital will address access to care by taking the following actions:

- Provide financial assistance through both free and discounted care for health care services, consistent with the hospital's financial assistance policy.
- Provide transportation support to increase access to health care services.
- Increase the number of providers and expand hours at the Will-Grundy Medical Clinic.
- Engage social workers as counselors in the Healthcare Centers.
- Embed Psychiatric Nurse Practitioners in the Healthcare Centers.
- Increase access to health care through independent practice acquisition.
- Participate in community partnerships to increase access to mental health care.

Anticipated Impact

Morris Hospital will conduct these strategies with the overarching goal in mind to improve community health through efforts to ensure access to a variety of health care

services, including basic and preventive care especially for the uninsured and underinsured.

Morris Hospital anticipates the following impact from these efforts:

- Provide financial assistance to qualified patients.
- Support access to health care services by providing transportation assistance.
- Promote access to health insurance enrollment resources.
- Improve access to primary care providers and specialty care providers.
- Foster collaborative efforts to meet community needs.
- Support work toward a medical home model.
- Increase access to mental health and substance abuse resources.

Planned Collaboration

In order to accomplish the planned activities, Morris Hospital anticipates collaborating with:

- Behavioral Health Alliance of Grundy County
- Community Health Partnership of Illinois
- Grundy County Health Department
- Grundy Transit System (GTS)
- Kendall-Grundy Community Action
- Livingston Family Care Center
- Morris City Bus
- Morris Hospital Foundation
- Ottawa City Bus
- Pathway of Hope
- Salvation Army
- Veteran's Association
- We Care
- Will County Health Department Community Health Center
- Will-Grundy Medical Clinic

Chronic Diseases

Morris Hospital will address chronic disease by taking the following actions:

- Provide diabetes education at no cost, host diabetes awareness events and a diabetes support group.
- Increase cardiac awareness through health education and screenings.
- Provide support groups to assist those with chronic diseases and their families.
- Provide public health education and community health awareness events to encourage healthy behaviors and prevent chronic diseases.

- Install medicine dispensers in seniors' homes to reduce taking duplicate medications or forgetting to take medications.
- Provide disease management for Medicare patients through Accountable Care Organization care coordinators.

Anticipated Impact

Morris Hospital will conduct the above referenced strategies with the overarching goal in mind to reduce the impact of chronic diseases on health and increase the focus on chronic disease prevention and treatment education.

Morris Hospital anticipates the following impact from these efforts:

- Enhance health-related knowledge related to management of chronic disease.
- Increase awareness of various preventive strategies.
- Promote available community resources to prevent and treat chronic diseases.

Planned Collaboration

In order to accomplish the planned activities, Morris Hospital anticipates collaborating with:

- American Association of Diabetes Educators
- American Cancer Society Relay for Life
- American Heart Association
- American Stroke Association
- Grundy County Health Department
- Morris Hospital Foundation
- YMCA

Overweight and Obesity

Morris Hospital will address overweight and obesity by taking the following actions:

- Offer community health education, community lectures, presentations and workshops.
- Host fitness classes.
- Partner with community organizations to build walking trails in Channahon.
- Expand partnership with the YMCA.
- Support the Grundy County Health Department youth cooking classes and community garden.
- Sponsor at least one We Care Mobile Food Pantry annually.
- Sponsor an evening meal six times a year at area churches.
- Provide meals to the local homeless shelter.

Anticipated Impact

Morris Hospital will conduct the above referenced strategies with the overarching goal in mind to reduce the impact of overweight and obesity on health and increase the focus on healthy eating and physical activity.

Morris Hospital anticipates the following impact from these efforts:

- Enhance health-related knowledge and behavior.
- Support policies and environmental changes that promote healthy eating and active living with emphasis on making the healthy choice the easy choice.

Planned Collaboration

In order to accomplish the planned activities, Morris Hospital anticipates collaborating with:

- Channahon Park District
- Community Nutrition Network (for seniors)
- Grundy Area PADS
- Grundy County Health Department
- Northern Illinois Food Bank
- St. Vincent's Table meals
- We Care Food Pantry
- YMCA

Health Behaviors and Prevention

Morris Hospital will address preventive practices by taking the following actions:

- Provide health screenings at no cost or reduced cost.
- Screen students at area high schools for cardiac arrhythmias.
- Provide education and resources focused on healthy living and disease prevention.
- Offer childhood immunizations at no cost and adult flu shots at reduced cost.
- Present smoking cessation counseling and resources.
- Deliver mobile meals to elderly residents who lack mobility.
- Install and maintain Lifeline Medical Alert systems for low-income residents.
- Support Accountable Care Organization programs that include Chronic Care Management, Transitional Care Management, and annual Fall Prevention Program.
- Offer sports physicals annually to area junior high and high school students.
- Offer Pulmonary Rehab and Cardiac Rehab classes.

Anticipated Impact

Morris Hospital will conduct the above referenced strategies with the overarching goal in

mind to improve community health through preventive practices.

Morris Hospital anticipates the following impact from these efforts:

- Increase availability and access to preventive care services.
- Increase awareness of and compliance with preventive care recommendations (screenings, immunizations, lifestyle and behavior changes).

Planned Collaboration

In order to accomplish the planned activities, Morris Hospital anticipates collaborating with:

- Aunt Martha's Youth Service Center and Health Center
- Foundation for Meningitis – Beth Ann Miller Foundation
- Grundy County Health Department
- Morris Hospital Foundation
- Vaccines for Children
- Will County Health Department Community Health
- Will-Grundy Medical Clinic
- YMCA

Evaluation of Impact

Morris Hospital will monitor and evaluate the programs and activities outlined above. The hospital is committed to monitoring key initiatives to assess impact and has implemented a system that tracks the implementation of the activities and documents the anticipated impact. Our reporting process includes the collection and documentation of tracking measures, such as the number of people reached/served, increases in knowledge or changes in behavior as a result of planned strategies, and collaborative efforts to address health needs. An evaluation of the impact of the hospital's actions to address these significant health needs will be reported in the next scheduled Community Health Needs Assessment.

Needs the Hospital Will Not Address

Taking existing hospital and community resources into consideration, Morris Hospital will indirectly address mental health and substance abuse through increasing access to care for these health needs. Knowing that there are not sufficient resources to address all the community health needs, Morris Hospital chose to concentrate on those health needs that can most effectively be addressed given the organization's areas of focus and expertise. This Implementation Strategy is not all-inclusive of everything we do to enhance the health of our community. Morris Hospital will continue to look for opportunities to address community needs where we can appropriately contribute to addressing those needs.

