

Be Aware of Boozy Bears

Substance Abuse Education:

Parents, Teachers and Healthcare Providers need to be aware of a new internet trend called “Boozy Bears” and “Drunk Gummies.” There have been thousands of hits on internet sites teaching teens how to change this gummy type candy into vodka infused candy. The candy absorbs the alcohol and teens are able to take their bag of “candy” anywhere. Parents and teachers would find it difficult to detect this type of alcohol use. It would take only a couple of handfuls to raise a teen’s blood level. Be aware of unsuspected, younger siblings being able to get into infused candy leading to a dangerous situation. Parents, teachers and healthcare providers need to be suspicious of gummy candy not its original packaging.

Alcohol poisoning symptoms can include: slurred speech, confusion, lack of coordination, double vision, nausea, vomiting, seizures, low body temperature, slowed breathing rate, coma and death.

Social media, the internet, and digital communication have made this a very different world. Parents, teachers, and healthcare workers need to be aware of this new alcohol and drug abuse trends.